

ALGT Swim CUP 25: Session: 1: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 Relay line-up input: The listed starttimes are indicative!

Coaches: Vanhaesebroeck Nicolas HEADCOACH

Coaches: Neiryndck Jan

Coaches: Van Dooren Glenn

Coaches: Wouters Ivan

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE MEN 11+							Heat:1, starttime: 09:00	
Heat: 1/14 Lane : 3 Athlete: LENAERTS RUBEN							Q-time: 03:11:04	
PB (25m pool): 03:16.67 Gemeentelijk sportcentrum Nijl 16/03/2025 PB (50m pool): no time SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.85		01:32.90		no time		03:16.67
	00:42.85		00:50.05					
								

Coach feedback:

Event number: 1: 200M FREESTYLE MEN 11+							Heat:2, starttime: 09:04	
Heat: 2/14 Lane : 1 Athlete: TILLEUIL NATHAN							Q-time: 02:53:34	
PB (25m pool): 02:53.34 Aarschot 04/05/2025							PB (50m pool): 02:56.48 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.01		01:24.94		no time		02:53.34
	00:40.01		00:44.93					
								

Coach feedback:

Event number: 1: 200M FREESTYLE MEN 11+							Heat:2, starttime: 09:04	
Heat: 2/14 Lane : 3 Athlete: CAMBRé ARTHUR							Q-time: 02:41:17	
PB (25m pool): 02:41.17 Antwerpen 12/10/2025				PB (50m pool): 02:48.93SB: 02:41.17 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.41		01:18.81		02:01.23		02:41.17
	00:36.41		00:42.40		00:42.42		00:39.94	
								

Coach feedback:

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Event number: 1: 200M FREESTYLE MEN 11+							Heat:4, starttime: 09:10	
Heat: 4/14 Lane : 4 Athlete: VERDONCK STAN							Q-time: 02:27:22	
PB (25m pool): 02:27.22 Gemeentelijk sportcentrum Nijl 16/03/2025 PB (50m pool): no time SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.33		01:09.97		no time		02:27.22
	00:32.33		00:37.64					
								

Coach feedback:

Event number: 1: 200M FREESTYLE MEN 11+							Heat:7, starttime: 09:19	
Heat: 7/14 Lane : 8 Athlete: WYNANTS WARD							Q-time: 02:20:06	
PB (25m pool): 02:26.30 Gemeentelijk sportcentrum Nijl 17/03/2025 PB (50m pool): 02:47.61 SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:26.30
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE MEN 11+							Heat:8, starttime: 09:21	
Heat: 8/14 Lane : 8 Athlete: VAN EGDOM SIEB							Q-time: 02:17:21	
PB (25m pool): 02:17.21 Mol 29/12/2024							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.59		01:05.79		01:41.79		02:17.21
	00:30.59		00:35.20		00:36.00		00:35.42	
								

Coach feedback:

Event number: 1: 200M FREESTYLE MEN 11+							Heat:9, starttime: 09:24	
Heat: 9/14 Lane : 2 Athlete: KEKEC SAMIR							Q-time: 02:12:30	
PB (25m pool): 02:12.30 Aarschot 04/05/2025							PB (50m pool): 02:14.56SB: 02:12.94 Antwerpen 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.19		01:03.51		no time		02:12.30
	00:30.19		00:33.32					
								

Coach feedback:

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Event number: 1: 200M FREESTYLE MEN 11+							Heat:10, starttime: 09:27	
Heat: 10/14 Lane : 2 Athlete: VAN DOOREN WARRE							Q-time: 02:09:65	
PB (25m pool): 02:09.65 Antwerpen 12/10/2025				PB (50m pool): 02:13.95 SB: 02:09.65 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.91		01:02.62		01:36.75		02:09.65
	00:29.91		00:32.71		00:34.13		00:32.90	
								

Coach feedback:

Event number: 1: 200M FREESTYLE MEN 11+							Heat:12, starttime: 09:32	
Heat: 12/14 Lane : 6 Athlete: VERMEYLEN EMIEL							Q-time: 02:03:90	
PB (25m pool): 02:03.90 Gent(Sint-Amandsberg) 11/11/2024				PB (50m pool): 02:05.99SB: 02:04.33 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.28		00:59.77		01:32.15		02:03.90
	00:28.28		00:31.49		00:32.38		00:31.75	
								

Coach feedback:

Event number: 1: 200M FREESTYLE MEN 11+							Heat:14, starttime: 09:37	
Heat: 14/14 Lane : 5 Athlete: VAN EGDOM WOUT							Q-time: 01:51:23	
PB (25m pool): 01:51.23 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 01:55.00SB: 01:53.73 Antwerpen 12/10/2025								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:25.69		00:54.03		01:22.80		01:51.23
	00:25.69		00:28.34		00:28.77		00:28.43	
								

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 09:44	
Heat: 2/15 Lane : 1 Athlete: DILLEN HANNE							Q-time: 03:08:16	
PB (25m pool): 03:09.79 Gemeentelijk sportcentrum Nijl 16/03/2025 PB (50m pool): 03:07.29 SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.25		01:30.12		no time		03:09.79
	00:40.25		00:49.87					
								

Coach feedback:

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Event number: 2: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 09:44	
Heat: 2/15 Lane : 2 Athlete: DILLEN LOTTE							Q-time: 03:02:73	
PB (25m pool): 03:09.87 Gemeentelijk sportcentrum Nijl 16/03/2025 PB (50m pool): no time SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.19		01:28.91		no time		03:09.87
	00:42.19		00:46.72					
								

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 09:44	
Heat: 2/15 Lane : 6 Athlete: VAN CAUWENBERGE NORAH							Q-time: 02:57:31	
PB (25m pool): 02:58.06 Gemeentelijk sportcentrum Nijl 16/03/2025 (50m pool): no time SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.00		01:28.06		no time		02:58.06
	00:41.00		00:47.06					
								

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+							Heat:3, starttime: 09:48	
Heat: 3/15 Lane : 2 Athlete: WYNANTS FRé							Q-time: 02:49:79	
PB (25m pool): 02:52.60 Gemeentelijk sportcentrum Nijl 16/03/2025 (50m pool): no time SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.19		01:23.36		no time		02:52.60
	00:39.19		00:44.17					
								

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 09:51	
Heat: 4/15 Lane : 2 Athlete: DIRICKX FINNE							Q-time: 02:42:52	
PB (25m pool): 02:42.52 Antwerpen 12/10/2025							PB (50m pool): 02:41.70 SB: 02:42.52 Antwerpen 12/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.40		01:19.01		02:01.92		02:42.52
	00:37.40		00:41.61		00:42.91		00:40.60	
								

Coach feedback:

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Event number: 2: 200M FREESTYLE WOMEN 11+							Heat:6, starttime: 09:57	
Heat: 6/15 Lane : 3 Athlete: GEELEN GUUSJE							Q-time: 02:33:08	
PB (25m pool): 02:33.08 Gemeentelijk sportcentrum Nijl 16/03/2025 PB (50m pool): 02:31.23 SB: 02:39.52 Antwerpen 12/10/2025								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.22		01:14.81		no time		02:33.08
	00:35.22		00:39.59					
								

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+							Heat:7, starttime: 10:00	
Heat: 7/15 Lane : 2 Athlete: CLAES JADE							Q-time: 02:31:55	
PB (25m pool): 02:31.55 Aarschot 04/05/2025							PB (50m pool): 02:35.74 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.51		01:13.77		no time		02:31.55
	00:34.51		00:39.26					
								

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+							Heat:11, starttime: 10:12	
Heat: 11/15 Lane : 7 Athlete: DELIEN FLOOR							Q-time: 02:19:66	
PB (25m pool): 02:19.66 Gemeentelijk sportcentrum Nijl 17/03/2025 PB (50m pool): 02:32.09 SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:19.66
	no time							
								

Coach feedback:

Event number: 2: 200M FREESTYLE WOMEN 11+							Heat:14, starttime: 10:20	
Heat: 14/15 Lane : 3 Athlete: VINGERHOETS MADELIEF							Q-time: 02:12:38	
PB (25m pool): 02:12.38 Gemeentelijk sportcentrum Nijl 16/03/2025 PB (50m pool): 02:15.88 SB: 02:15.05 Antwerpen 12/10/2025								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.45		01:05.20		no time		02:12.38
	00:31.45		00:33.75					
								

Coach feedback:

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Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 10:26
Heat: 1/6 Lane : 3 Athlete: LENAERTS RUBEN					Q-time: 02:02:70
PB (25m pool): 02:02.70 Gemeentelijk sportcentrum Nijl 16/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.34		02:02.70	
	00:56.34		01:06.36		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 10:26
Heat: 1/6 Lane : 5 Athlete: TILLEUIL NATHAN					Q-time: 01:50:60
PB (25m pool): 01:50.60 Heist Op Den Berg 11/01/2025 PB (50m pool): 01:43.98 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.35		01:50.60	
	00:51.35		00:59.25		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 10:30
Heat: 3/6 Lane : 3 Athlete: KEKEC SAMIR					Q-time: 01:19:38
PB (25m pool): 01:19.38 Turnhout 02/03/2025 PB (50m pool): 01:24.20 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.31		01:19.38	
	00:37.31		00:42.07		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 10:30
Heat: 3/6 Lane : 6 Athlete: VERDONCK STAN					Q-time: 01:19:44
PB (25m pool): 01:19.44 Antwerpen 12/10/2025 PB (50m pool): 01:20.69 SB: 01:19.44 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.41		01:19.44	
	00:37.41		00:42.03		
					

Coach feedback:

ALGT Swim CUP 25: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 10:32
Heat: 4/6 Lane : 3 Athlete: VERMEYLEN EMIEL					Q-time: 01:14:90
PB (25m pool): 01:14.90 Nijlen 17/11/2024					PB (50m pool): 01:20.20 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.30		01:14.90	
	00:35.30		00:39.60		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 10:34
Heat: 5/6 Lane : 7 Athlete: VAN EGDOM SIEB					Q-time: 01:13:54
PB (25m pool): 01:13.54 Antwerpen 12/10/2025					PB (50m pool): 01:15.86 SB: 01:13.54 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.37		01:13.54	
	00:34.37		00:39.17		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:6, starttime: 10:35
Heat: 6/6 Lane : 2 Athlete: SNEYERS KOBE					Q-time: 01:08:88
PB (25m pool): 01:08.88 Gemeentelijk sportcentrum Nijl 17/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.88	
	no time				
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 10:40
Heat: 2/5 Lane : 1 Athlete: VAN GINKEL LOES					Q-time: 02:04:93
PB (25m pool): 02:04.93 Heist Op Den Berg 11/01/2025					PB (50m pool): 02:02.02 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:57.86		02:04.93	
	00:57.86		01:07.07		
					

Coach feedback:

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Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 10:40
Heat: 2/5 Lane : 6 Athlete: CLAES SIEN					Q-time: 01:47:34
PB (25m pool): 01:47.34 Herentals 17/05/2025					PB (50m pool): 01:47.31 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.44		01:47.34	
	00:52.44		00:54.90		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 10:40
Heat: 2/5 Lane : 8 Athlete: VAN GINKEL KAAAT					Q-time: 02:19:48
PB (25m pool): 02:19.48 Nijlen 17/11/2024					PB (50m pool): 02:05.49 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:05.60		02:19.48	
	01:05.60		01:13.88		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 10:43
Heat: 3/5 Lane : 8 Athlete: VAN CAUWENBERGE NORAH					Q-time: 01:43:13
PB (25m pool): 01:43.13 Herentals 17/05/2025					PB (50m pool): 01:57.31 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.05		01:43.13	
	00:49.05		00:54.08		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 10:45
Heat: 4/5 Lane : 3 Athlete: BASSTANIE LIENE					Q-time: 01:24:70
PB (25m pool): 01:24.70 Herentals 17/05/2025					PB (50m pool): 01:27.09 SB: 01:25.24 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.96		01:24.70	
	00:39.96		00:44.74		
					

Coach feedback:

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Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 10:45
Heat: 4/5 Lane : 6 Athlete: VERMAELEN MIYA					Q-time: 01:25:46
PB (25m pool): 01:25.46 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:26.33 SB: 01:26.58 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.41		01:25.46	
	00:40.41		00:45.05		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 10:47
Heat: 5/5 Lane : 6 Athlete: LEMBRECHTS SOPHIE					Q-time: 01:18:53
PB (25m pool): 01:18.53 Heist Op Den Berg 11/01/2025 PB (50m pool): 01:23.54 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.06		01:18.53	
	00:37.06		00:41.47		
					

Coach feedback:

Event number: 5: 200M MEDLEY MIXED 10-9							Heat:2, starttime: 10:54	
Heat: 2/3 Lane : 1 Athlete: BAKELANTS JULIA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 11+							Heat:1, starttime: 11:03	
Heat: 1/8 Lane : 4 Athlete: CAMBRé ARTHUR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 6: 200M BACKSTROKE MEN 11+							Heat:7, starttime: 11:25	
Heat: 7/8 Lane : 5 Athlete: VAN DOOREN WARRE							Q-time: 02:18:93	
PB (25m pool): 02:18.93 Antwerpen 12/10/2025				PB (50m pool): 02:23.22SB: 02:18.93 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.74		01:07.36		01:43.88		02:18.93
	00:31.74		00:35.62		00:36.52		00:35.05	
								

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 11+							Heat:8, starttime: 11:28	
Heat: 8/8 Lane : 5 Athlete: VAN EGDOM WOUT							Q-time: 02:10:41	
PB (25m pool): 02:10.41 Mol 20/10/2024			PB (50m pool): 02:17.16SB: 02:12.23 Gent 09/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.82		01:04.77		01:38.71		02:10.41
	00:30.82		00:33.95		00:33.94		00:31.70	
								

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 11:31	
Heat: 1/9 Lane : 4 Athlete: VAN GINKEL LOES							Q-time: 03:44:29	
PB (25m pool): 03:44.29 Aarschot 04/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:54.20		01:51.75		no time		03:44.29
	00:54.20		00:57.55					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 11:31	
Heat: 1/9 Lane : 5 Athlete: VAN GINKEL KAAAT							Q-time: 03:56:80	
PB (25m pool): 03:56.80 Aarschot 04/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:58.48		01:59.95		no time		03:56.80
	00:58.48		01:01.47					
								

Coach feedback:

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Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 11:36	
Heat: 2/9 Lane : 6 Athlete: WYNANTS FRé							Q-time: 03:17:59	
PB (25m pool): 03:17.59 Heist Op Den Berg 11/01/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.20		01:37.26		no time		03:17.59
	00:46.20		00:51.06					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 11:41	
Heat: 3/9 Lane : 1 Athlete: VERMAELEN MIYA							Q-time: 02:59:11	
PB (25m pool): 02:59.11 Hoogstraten 05/05/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:59.11
	no time							
								

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 11:55	
Heat: 7/9 Lane : 8 Athlete: BASSTANIE LIENE							Q-time: 02:35:71	
PB (25m pool): 02:35.71 Antwerpen 12/10/2025				PB (50m pool): 02:42.57 SB: 02:35.71 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.15		01:16.95		01:57.53		02:35.71
	00:37.15		00:39.80		00:40.58		00:38.18	
								

Coach feedback:

Event number: 8: 100M BUTTERFLY MEN 11+							Heat:3, starttime: 12:10	
Heat: 3/7 Lane : 4 Athlete: VERDONCK STAN							Q-time: 01:16:18	
PB (25m pool): 01:20.05 Nijlen 17/11/2024				PB (50m pool): 01:17.46SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:36.02		01:20.05				
	00:36.02		00:44.03					
								

Coach feedback:

ALGT Swim CUP 25: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 8: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 12:12
Heat: 4/7 Lane : 5 Athlete: WYNANTS WARD					Q-time: 01:09:74
PB (25m pool): 01:09.74 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:12.12 SB: 01:09.87 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.52		01:09.74	
	00:32.52		00:37.22		
					

Coach feedback:

Event number: 8: 100M BUTTERFLY MEN 11+					Heat:6, starttime: 12:15
Heat: 6/7 Lane : 2 Athlete: SNEYERS KOBE					Q-time: 01:02:66
PB (25m pool): 01:02.66 Heist Op Den Berg 13/01/2024 PB (50m pool): 01:12.38 SB: 01:04.62 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:02.66	
	no time				
					

Coach feedback:

Event number: 8: 100M BUTTERFLY MEN 11+					Heat:6, starttime: 12:15
Heat: 6/7 Lane : 3 Athlete: SNEYERS LIAM					Q-time: 01:01:94
PB (25m pool): 01:01.94 Turnhout 02/03/2025 PB (50m pool): 01:04.44 SB: 01:04.33 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.56		01:01.94	
	00:28.56		00:33.38		
					

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 12:18
Heat: 1/7 Lane : 3 Athlete: CLAES JADE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

ALGT Swim CUP 25: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 12:18
Heat: 1/7 Lane : 4 Athlete: DILLEN HANNE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 12:18
Heat: 1/7 Lane : 5 Athlete: DIRICKX FINNE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 12:21
Heat: 2/7 Lane : 1 Athlete: DILLEN LOTTE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 12:21
Heat: 2/7 Lane : 2 Athlete: VAN CAUWENBERGE NORAH					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

ALGT Swim CUP 25: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 12:21
Heat: 2/7 Lane : 4 Athlete: GEELEN GUUSJE					Q-time: 01:36:09
PB (25m pool): 01:36.09 Heist Op Den Berg 11/01/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.50		01:36.09	
	00:42.50		00:53.59		
					

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 12:27
Heat: 5/7 Lane : 5 Athlete: DELIEN FLOOR					Q-time: 01:13:91
PB (25m pool): 01:13.91 Turnhout 02/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.69		01:13.91	
	00:34.69		00:39.22		
					

Coach feedback: